

Riverside Meadows Intermediate School

Breakfast

August, 2017

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Fresh Baked Fat Cat Muffin Squares Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Whole Grain Doughnut Bar Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly
21	22	23	24	25
Whole Grain Doughnut Bar Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Fresh Baked Fat Cat Muffin Squares Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Breakfast Burrito Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Fruit and Yogurt Parfait Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Sausage Pancake on a Stick Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly
28	29	30	31	
Sausage Breakfast Sandwich Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Yoplait Fruit Smoothie and Graham Crackers Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Pancakes Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	Turkey Sausage Breakfast Pizza Breakfast Cereal (Served with a Cheese Stick) Bagel and Cream Cheese or Jelly	

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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Lunch

August, 2017

	1	2	3	4
7	8	9	10	11
14	15	16	17	18
			Soft Pretzel and Cheese Dip Baked Cheesy Breadsticks and Pizza Sauce Fruit and Yogurt Parfait	Domino's Pepperoni Smart Slice Pizza Domino's Cheesy Smart Slice Pizza Fruit and Yogurt Parfait
21	22	23	24	25
Mac N Cheese with Corn Bread Ultra Bean and Cheese Burrito Fruit and Yogurt Parfait	Crunchy Beef Tacos Black Bean and Cheese Quesadilla Picnic Pack Sandwich Meal	Chicken Strips Grilled Cheese Panini Cheff Salad	Hamburger Vegetarian Burger Picnic Pack Sandwich Meal	Pepperoni Galaxy Personal Pizza Cheese Galaxy Personal Pizza Fruit and Yogurt Parfait
28	29	30	31	
Soft Pretzel and Cheese Dip Baked Cheesy Breadsticks and Pizza Sauce Fruit and Yogurt Parfait	Nacho Pack Ultra Bean and Cheese Burrito Picnic Pack Sandwich Meal	Breakfast for Lunch - Pancakes and Sausage Breakfast for Lunch - Pancakes and Yogurt Chicken Ceasar Salad	Mandarin Chicken and Chow Mein or Rice Vegetarian Egg Roll and Chow Mein or Rice Picnic Pack Sandwich Meal	

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!